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implications of shyness and social withdrawal. Current research projects explore risk and protective factors in the school adjustment of shy and socially anxious children, as well as experiences of solitude across the lifespan and across cultures. Recent books include a new edition of the edited volume *The Handbook of Solitude* (with Julie Bowker and Larry Nelson; Wiley-Blackwell, 2021) and the authored book *Quiet at School: An Educator's Guide to Shy Children* (with Kathy Rudasill; Teachers College Press, 2016). His books have been translated or published as international editions in Australia, China, Japan, Korea, Spain, and Sweden.

### **Speaking Up for the Quiet Ones: Shy and Anxious Children at School**

*For many children, it is a common experience to feel somewhat wary or nervous when meeting unfamiliar people or encountering new situations. However, extremely shy children routinely experience fear and anxiety in social contexts to a degree that hinders their abilities to interact with other children and adults. Moreover, for many reasons, the school environment often represents a particularly stressful context for shy students. Of course, shy children also possess many unique and positive characteristics that help to enrich the classroom.*

*This session will consider the development of shyness and anxiety in childhood, with particular focus on "best practices" for teachers for assisting and supporting shy and anxious students.*